



## **Certification In Vocal Psychotherapy: When Words Sing & Music Speaks**



**Presents:  
Dr. Diane Austine, DA, ACMT, LCAT**

Dr. Austin is the director of the Music psychotherapy centre in NYC; an associate professor in the Music therapy department at New York University; the Founder and Director of the Music Therapy Program for Adolescents in Foster Care at Turtle Bay Music School in New York City; and the author of "The Theory and Practice of Vocal Psychotherapy: Songs of the Self" recently published by Jessica Kingsley. She has maintained a private practice in Music Psychotherapy with a focus on the voice and improvisation for over 20 years.

### **Workshop Schedule:**

**Workshop 1 & 2: March 5th - 7th 2010**

Module 1: Introduction and Overview of Music Therapy: Experiential and Didactic

Module 2: Music Psychotherapy with Adolescents and Adults in Private Practice:  
Experiential and Didactic

**Workshop 3 & 4: July 9th - 11th 2010**

Module 3: Introduction to Vocal Psychotherapy: Sounds, Songs and Singing.

Module 4: Qualitative research and music psychotherapy

**\*Leads towards the practitioner membership of Malaysian Association of Psychotherapy (MAP)**

Music therapy has been a formal professional discipline for 59 year, offering treatment for a variety of psychological and physical problems from strokes to autism and for people young and old. The voice is the most powerful and widely used instrument in music therapy.

### **Description:**

This workshop will provide opportunities for participants to experience the power of music and the voice in In Depth Music Psychotherapy. We will explore the use of breath, tone and music improvisation through exercises and activities and learn some of the ways in which listening and playing can facilitate the therapeutic process by enabling clients to gain access to their spontaneous, authentic selves. Diane will describe on how songs, music and vocalwork can be used in various stages of the healing process to retrieve feelings, image and memories from the unconscious through audiotaped case examples from work in private practice with adults, adolescents and trauma survivors.

**Call 03-79824424 For More Information & registration**



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